

DR. MARK J. MARZANO

FAVORITE PART OF YOUR JOB The gratitude of the patients when we're done with the treatment
MOST IMPORTANT THING YOU'VE LEARNED FROM YOUR PATIENTS That there's no such thing as minor surgery. You have to treat every patient and every situation as the most important
WHAT FASCINATES YOU MOST ABOUT THE HUMAN BODY Its capacity to heal and fight disease. If you respect it, it'll respect you
WHAT ONE LIFESTYLE CHANGE COULD MOST BENEFIT OUR HEALTH Moderation
HOBBIES Boating, running
PLACE YOU GO TO ESCAPE THE OFFICE The beach
I START EACH DAY Exercising

ERASING VEIN PROBLEMS

The largest vein in the body is called the saphenous, running just under the skin from the groin all the way to the foot. Playing no particularly important role in the body's functioning, it's often the **ROOT CAUSE** of varicose problems. An incompetent valve in the saphenous vein will lead its branches to become varicose. In such instances, Dr. Marzano employs the **CLOSURE TECHNIQUE**, using a catheter that emits an endoluminal radio frequency. This heats up the saphenous vein and effectively closes it down. For smaller veins, Dr. Marzano uses a micro-invasive technique: He makes a tiny puncture under the skin next to the vein and uses a micro hook to pull the vein out.

INSIDE INFORMATION

victory over veins

"Varicose veins have been written about since the times of Hippocrates," notes Dr. Mark J. Marzano. Throughout most of the subsequent 24 centuries, removing these veins has been arduous. But by using the most up-to-date techniques available, Dr. Marzano makes the process as comfortable and as convenient as possible.

"Let's be honest. In most cases, varicose veins are a cosmetic disfigurement," says Dr. Marzano. "It only makes sense to eliminate them by a method that's time-efficient, is as minimally invasive and painless as possible and requires the least amount of recuperation." Patients rarely need sedation during Dr. Marzano's procedure, and they almost never need painkillers afterward. Typically, they can go golfing the next day and jogging the day after. "You finish the procedure, then you walk out of here," says Dr. Marzano. "It's great, particularly for elderly patients. If they were bedridden after a procedure, they might develop blood clots. But not when they *walk* out of the office."

For all the ease of the procedure, there's nothing casual about Dr. Marzano's work methods. He prepares assiduously for each procedure, using the latest in hand-held Doppler and ultrasound devices, to make a thorough assessment of the specific characteristics of each patient's vein problems. His assistant and ultrasonographer Suzanne Wiesen, who he boasts "is extremely knowledgeable about vein disease," aids him in the process. The assessment stage ensures that he discovers the root causes of the varicose condition in order to prevent recurrence. Says Dr. Marzano, "The three most important steps in medicine are diagnosis, diagnosis and diagnosis." 239-430-8346 or newbeauty.com/marzano.

BOARD CERTIFICATION
American Board of Radiology

MEDICAL DEGREE
Rush Medical College

SURGERY INTERNSHIP
University of Florida

DIAGNOSTIC RADIOLOGY RESIDENCY
Northwestern University Medical Center

AFFILIATIONS
American College of Phlebology
American College of Radiology
American Medical Association
Radiological Society of North America

AREAS OF EXPERTISE
Cosmetic Phlebectomy
Foam Sclerotherapy
VNUS Closure

LOCATION
Naples, Florida

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—MARK J. MARZANO, MD